

CURRICULUM VITAE



Julio Cesar Novoa, M.D.

Personal Information:

Date of Birth: 05/22/67
Place of Birth: Lima, Peru
Citizenship: US

Medical Qualifications

Medical Degree: Doctor of Medicine
Specialties: Obstetrics and Gynecology,
Cosmetic Surgery

Medical License

State of Texas
State of Maryland

EDUCATION

9/87 - 5/91:	University of Maryland (UMBC), Baltimore, Maryland <ul style="list-style-type: none">Bachelor of Science in BiologyHonor Graduate
6/91- 6/95:	Meharry Medical College, Nashville, Tennessee <ul style="list-style-type: none">Doctor of MedicineHonor GraduatePlastic Surgery rotation: 12 week externship in cosmetic surgery and research in facial endoscopic surgery with Dr. Oscar Ramirez, MD, Board Certified Plastic Surgeon and assistant professor of plastic surgery at the Johns Hopkins Hospital and the University of Maryland schools of medicine.
7/95 - 7/99:	Greater Baltimore Medical Center, Baltimore, Maryland <ul style="list-style-type: none">Internship and Residency, Obstetrics and GynecologyAward Winning Medical Residency Paper, "Risk Assessment of Uterine Rupture During Trial of Labor, Evaluation of a VBAC Scoring System."

ESSURE ADVOCATE

Experience:

- Medical and Surgical Management of Essure Permanent Sterilization
- Social Media Medical Commentator for Essure Problem forums

Publications:

- "Essure Journey. Concepts, Concerns and Considerations for Hysteroscopic Sterilization": released 2016
 - "The ESSURE System: Concerns regarding Polyethylene Terephthalate in Women's Health", pages 141-160.

Medical Consulting:

- Primary Medical Consultant: *Essure Problems Forum*, Facebook
- Medical Consultant: *Unglesby and Williams Law firm*

Cinematography:

- Guest commentator
 - July 27, 2018: *The Bleeding Edge* (Netflix documentary) by Kirby Dick and Amy Ziering. Essure Permanent Sterilization System and Vaginal Meshes.

ACCREDITATIONS:

Cosmetics

Allergan

BOTOX Cosmetics and Juvederm filler

BioForm Medical

Radiesse filler

Candela

GentleYag and GentleLase Laser Systems

Candela

SmoothPeel Laser System

Diomed

EVLV Non-surgical Endovenous Laser Treatment System

McCue

Ultra VPL System

Medicis

Restylane and Perlane fillers

OrthoNeutrogena Aesthetics

Evolve filler

Palomar

Starlux 500 Laser and IPL systems (including the 1064, 1540, the Lux G, Y, R and V handsets)

Surgical

American Medical Systems (AMS)

Monarc Subfascial Hammock, MiniArc Single-Incision Sling, Perigee, Apogee

Additional Surgical Training

AWAKE Breast Augmentation

AWAKE Buccal Fat Pad Reduction

AWAKE Liposuction

AWAKE Abdominoplasty

AWAKE Vaginal Rejuvenation Surgery

AWAKE Cellulite Reduction

NovaThreads PDO Facial Lift

Certifications

Advanced Cardiac Life Support (ACLS)

Basic Cardiac Life Support (BCLS)

MEDICAL EXPERIENCE

President 4/15 - present:	Novoa Medical Services, P.A. 10781 Pebble Hills Blvd, Suite A2 El Paso, TX 79935 915-595-9944 (Office) · 915-595-9944 (Fax)
President 12/18 - present:	The Ministry of the Archangels Michael, Raphael and Gabriel (MAMRG) 10781 Pebble Hills Blvd, Suite A El Paso, TX 79935 915-213-1728
President 5/03 - 4/15:	First Choice OB/GYN Associates, P.A. 5140 Montana Avenue El Paso, TX 79903
President 6/07 - 3/10:	Physicians Dedicated to Women's and Children's Healthcare, LLC 2400 Trawood Drive, Suite 308 El Paso, TX 79936
Supervising Physician 7/99 - 5/03:	Department of OB/GYN Physicians HealthCare Associates, PA 2260 Trawood Drive El Paso, TX 79935

HOSPITAL PRIVILEGES

Del Sol Medical Center 10301 Gateway Blvd, West El Paso, TX 79925 915-595-9000	Las Palmas Medical Center 1801 N. Oregon El Paso, TX 79902 915-521-1200	Providence Memorial Hospital 2001 N. Oregon El Paso, TX 79902 915-577-6011	Sierra Medical Center 1625 Medical Center Drive El Paso, TX 79936 915-747-4000
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MEDICAL COMMITTEES

Committee Member 1/00 - 1/04:	Del Sol Medical Center, <i>Continuing Medical Education</i> .
Board of Managers 1/03 - present:	Physicians Dedicated to Women's and Children's Healthcare, LLC.
Medical Director 1/05 - 1/06:	Preferred Teen Center, <i>Thomason Annex Building</i> .

MILITARY EXPERIENCE

United States Army 3/87 - 3/89:	Specialized E-4 <ul style="list-style-type: none"> • Medals and Ribbons <ul style="list-style-type: none"> ◦ Good Conduct Medal ◦ M16 Rifle, Qualification Badge (Expert) ◦ Hand Grenade Qualification Badge (Expert)
7/87 - 3/89:	Fort Detrick, Maryland <ul style="list-style-type: none"> • Honor Graduate Desert Training Course - Army Training Evaluation Program (ARTEP): Dragon Summit - Letter of Commendation • Distinguish Army Graduate of 91-A Advanced Training, <i>Fort Sam Houston, Texas</i> • Technician in Department of Experimental Pathology, Electron Microscopy, United States Army Medical Institute of Infectious Diseases (USAMRIID) • Human Volunteer for Experimental Vaccine Protocols <ul style="list-style-type: none"> ◦ Tularemia ◦ Chikungunya • Continued Army Medical Education - Medical NCO Preparatory MOS 91B30, 08/01/88

ACADEMIC TEACHING

Preceptor 2014 - Present:	Family Nurse Practitioner for OBGYN Rotation <ul style="list-style-type: none"> ◦ Chamberlain University School of Nursing ◦ University of Cincinnati, School of Nursing ◦ University of Texas Arlington, School of Nursing ◦ University of Texas El Paso, School of Nursing ◦ Texas Tech Health Sciences Center, School of Nursing ◦ Walden University, School of Nursing
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MEDICAL ASSOCIATIONS

- Associate Member of the American Academy of Cosmetic Surgery (AACS)
- Associate Member of the International Society of Cosmetogynecology (ISCG)
- Associate Fellow of the American Association of Cosmetic Breast Surgery (ASCBS)

MEDICAL INTERESTS

Obstetrics

- High Risk Vaginal Delivery, Trial of Labor after Cesarean Section
- (TOLAC)/Vaginal Birth After Cesarean Section (VBAC)/Vaginal Birth After Cesarean Section x2 (VBA2C)
- Vaginal Delivery of Twins

Gynecology

- Management of Urinary Stress Incontinence
- Management of Female Sexual Dysfunction

Cosmetic Gynecology

- AWAKE Breast Augmentation
- AWAKE Liposuction
- AWAKE Lipoadominoplasty
- Vaginal Rejuvenation Surgery / Virginal Size Restoration Surgery (VSRS)
 - Anterior Colporrhaphy with Kelly Plication
 - Levator Ani Reapproximation
 - Posterior Colporrhaphy
 - Perineoplasty
 - Hymenoplasty
 - Overlapping Sphincteroplasty
- Labiaplasty
- Hymenoplasty
- Vulvoplasty
- Clitoral Hood Reduction
- O-Shot Amplification
- Vulvar Fat Transfer
- Vulvar, labial and Clitoral esthetic piercing

Minimally Invasive Surgical Techniques

- Reductions of Cesarean Section rates per **Healthy People 2010** and **World Health Organization** recommendations.
- Reduction in abdominal surgeries by encouraging Laparoscopic/Vaginal surgical techniques following the **American Institute of Minimally Invasive Surgery** recommendations.

Sexual Medicine

- Management of Female Sexual Dysfunction Disorders (FSDD)
 - Sexual Desire Disorders (Hypoactive Sexual Desire Disorder)
 - Sexual Arousal Disorders
 - Orgasm Disorders
 - Sexual Pain Disorders
- Couples Counseling

PUBLICATIONS

2012

Tumescent Anesthetic Breast Surgery (TABS):

"A Case Series Review of Primary and Secondary Breast Augmentation Surgery in an Office Based Surgical Center". *Am J Cosmet Surg.* 2012: 29: 233-242

2015

Aesthetic Surgery of the Breast: released 2015

"Tumescent Anesthetic Breast Surgery (TABS): *Breast Augmentation Surgery in an Office-Based Surgical Center*", pages 107-119

"The Use of High-Profile and Extra-High-Profile Implants in Ptotic Breasts as an Alternative to Staged Augmentation/Mastopexy", pages 739-763

2016

Liposuction: Principles and Practice: released 2016

"A Combined Lidocaine/Ropivacaine Formula For Tumescent Anesthesia", pages 75-86.

Essure Journey. Concepts, Concerns and Considerations for Hysteroscopic Sterilization: released 2016

"The Essure System: Concerns Regarding Polyethylene Terephthalate in Women's Health", pages 141-160.

GUEST LECTURER/MODERATOR

January, 2012	Tumescent Anesthetic Breast Surgery (TABS) <ul style="list-style-type: none">- 28th Annual Scientific Meeting, American Academy of Cosmetic Surgery, Jan, 2012- Fifth Annual World Conference of the International Society of Cosmetogynecology, Jan, 2012- 28th Annual American Society of Cosmetic Breast Surgery (ASCBS) Workshop, May, 2012
May, 2012	
January 14, 2014 Moderator	7th Annual World Congress of ISCG "Taking Tumescent Anesthesia Beyond Cosmetic Surgery. <i>Its Use In Conventional OB/GYN Surgery</i> "
January 15, 2015 Moderator	8th Annual World Congress of ISCG "American Academy of Cosmetic Surgery 31st Annual Scientific Meeting"
January 12, 2016	9th Annual World Congress of ISCG "The Management of Post Operative Cesarean Section Pain Using Tumescent with Lidocaine and Ropivacaine"
February 7, 2017	10th Annual World Congress of ISCG "Breast Implants Placement In A Transgender Female Using Local Tumescent Anesthesia"
January 29, 2018	11th Annual World Congress of ISCG "Gynecomastia: Breast Liposuction versus Bulk Breast Tissue Removal Under Tumescent Anesthesia"
January 29, 2021	American Academy of Cosmetic Surgery (AACS) Annual Scientific Meeting "AACS Masters Session: Serial Tumescent Anesthetic Breast Surgery in an Underweight Female Patient"
March 17-19, 2022	ISCG 2022 World Congress of Cosmetic Gyn and Body Contouring "2000 Breast Augmentations Under Local Anesthesia"
March 9-11, 2023	ISCG 2023 World Congress of Cosmetic Gyn and Body Contouring "Lidocaine vs Lidocaine/Ropivacaine TLA in Tumescent Chin Liposuction: <i>Case Series Study of 200</i> "
March 9, 2024	ISCG 2024 World Congress of Cosmetic Gyn and Body Contouring "Lidocaine/Ropivacaine Tumescent Anesthesia in Fully Conscious Breast Augmentation"

AWARDS

2010	Best of the Best Place for Nip-Tuck in El Paso 2010 Winner sponsored by <i>What's Up Entertainment Weekly Magazine</i> .
2011	2011 Winner sponsored by <i>What's Up Entertainment Weekly Magazine</i> .
2012	Patients' Choice Award 2012 Recipient sponsored by <i>Vitals.com</i> . Most Compassionate Doctor Recognition 2012 Recipient sponsored by <i>Vitals.com</i> .
2013	Most Compassionate Doctor Recognition 2013 Recipient sponsored by <i>Vitals.com</i> . Most Compassionate Doctor Recognition 2013 Recipient sponsored by <i>Vitals.com</i> .
2013 and 14	American Medical Association Physician's Recognition Award with Commendation
2014	Top 10 Doctor 2014 Top 10 Gynecologist Specialist Recipient sponsored by <i>Vitals.com</i> .
2015 and 16	American Medical Association Physician's Recognition Award with Commendation

CONTINUING MEDICAL EDUCATION

March 24-25, 2023	Niamtu 43rd Cosmetic Facial Surgery Workshop "Submentoplasty, Platysmaplasty And Buccal Fat Removal"
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RECOMMENDATIONS

Provided upon request